



## Definitions of indicators in the ULF/SILC

The following contents show how the indicators in the Living Conditions Surveys have been defined in the presentation of statistics.

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## Civic activities

### Member of a political party

Question in questionnaire	All answer alternatives	Definition
Are you a member of a political party?		Has answered YES to the question "Are you a member of a political party?"

### Attended meetings with a political party during the past year

Question in questionnaire	All answer alternatives	Definition
Have you been at a meeting or an event organised by a political party in the last 12 months?		Has answered YES to the question "Have you been at a meeting or an event organised by a political party in the last 12 months?"

### Is active in a political party

Question in questionnaire	All answer alternatives	Definition
<p><u>Before 2012:</u> Do you participate actively in the activities of the party?</p> <p><u>From 2012:</u> Do you participate actively in the activities of the party, for example, have a commission of trust or help organising various activities?</p>		<p><u>Before 2012:</u> Is a member of a political party and has answered YES to the question "Do you participate actively in the activities of the party?".</p> <p><u>From 2012:</u> Is a member of a political party and has answered YES to the question "Do you participate actively in the activities of the party, for example, have a commission of trust or help organising various activities?".</p>

### Member in trade union or employer organisation

Question in questionnaire	All answer alternatives	Definition
Are you a member of a trade union or an employer organisation?		Has answered YES to the question "Are you a member of a trade union or an employer organisation?".

Depending on year, the results are based on either:

- 1) employees aged 16–64 or 16-74
- or
- 2) employees aged 16–64 or 16-74 with gainful employment as their main activity

### **Attended meetings of trade union during the past year**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you during the last 12 months been at a meeting or an event organised by a trade union or an employer organisation?		<p>Has answered YES to the question "Have you during the last 12 months been at a meeting or an event organised by a trade union or an employer organisation?".</p> <p>Depending on year, the results are based on either:</p> <p>1) employees aged 16–64 or 16-74 or 2) employees aged 16–64 or 16-74 with gainful employment as their main activity</p>

### **Active in trade union**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
<p><u>Before 2012:</u> Do you participate actively in the activities of the (<i>trade union/employer organisation</i>)?</p> <p><u>From 2012:</u> Do you participate actively in the activities of the (<i>trade union/employer organisation</i>), for example, have a commission of trust or help organising various activities?</p>		<p><u>Before 2012:</u> Is a member of a trade union and has answered YES to the question "Do you participate actively in the activities of the (<i>trade union/employer organisation</i>)?".</p> <p><u>From 2012:</u> Is a member of a trade union and has answered YES to the question "Do you participate actively in the activities of the (<i>trade union/employer organisation</i>), for example, have a commission of trust or help organising various activities?".</p> <p>Depending on year, the results are based on either:</p> <p>1) employees aged 16–64 or 16-74 or 2) employees aged 16–64 or 16-74 with gainful employment as their main activity</p>

### Appeal a government decision

Question in questionnaire	All answer alternatives	Definition
Would you be able to write a letter and appeal against a decision by a government agency?		Has answered YES to the question "Would you be able to write a letter and appeal against a decision by a government agency?"

*The question is not included in ULF/SILC after 2011.*

### Not able to appeal a government decision

Question in questionnaire	All answer alternatives	Definition
Would you be able to write a letter and appeal against a decision by a government agency?		The person has answered NO to all of these three questions:
Do you know someone who could help you with this?		"Would you be able to write a letter and appeal against a decision by a government agency?"
Do you know where to turn for help in such a situation?		"Do you know someone who could help you with this?"
		"Do you know where to turn for help in such a situation?"

*The questions are not included in ULF/SILC after 2011.*

### Usually take part in political discussions

Question in questionnaire	All answer alternatives	Definition
And now a question regarding how you usually behave when the conversation turns to politics. I will read four statements and I want you to tell me which one is best suited to you.		Has answered that statement 4 best suits him/herself:  1. I usually do not bother to listen when people start to talk politics.  2. I usually listen, but never take part in the discussion.  3. Sometimes, but not so often, I say what I think myself.  4. I usually take part in the discussion and give my opinion".

### **Do not take part in political discussions**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
And now a question regarding how you usually behave when the conversation turns to politics. I will read four statements and I want you to tell me which one is best suited to you.		Has answered that statement 1 or 2 best suits him/herself:  1. I usually do not bother to listen when people start to talk politics.  2. "I usually listen, but never take part in the discussion."  3. Sometimes, but not so often, I say what I think myself.  4. I usually take part in the discussion and give my opinion.

### **Member of a sports/outdoor association**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Are you a member of any sports or outdoor association?		Has answered YES to the question "Are you a member of any sports or outdoor association?".

### **Active in a sports/outdoor association**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you participate actively in the activities of the association, such as being a coach or leader, or helping to organise various activities?		Is a member of a sports/outdoor association and has answered YES to the question "Do you participate actively in the activities of the association, such as being a coach or leader, or help organising various activities?".

### **Member of a cultural association**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Are you a member of any culture, music, dance or theatre association?		Has answered YES to the question "Are you a member of any culture, music, dance or theatre association?".

### **Active in a cultural association**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you participate actively in the activities of the association, such as being a choir or theatre leader or helping to organise various activities?		Is a member of a culture association and has answered YES to the question "Do you participate actively in the activities of the association, such as being a choir or theatre leader or helping to organise various activities?".

### Member of a retirement association

Question in questionnaire	All answer alternatives	Definition
<p><i>Question asked to persons aged 65 or older:</i> Are you a member of any retirement association?</p>		Has answered YES to the question "Are you a member of any retirement association?".

### Active in a retirement association

Question in questionnaire	All answer alternatives	Definition
<p><i>Question asked to persons aged 65 or older who are member of retirement association:</i></p> <p>Do you participate actively in the activities of the association, for example, is a board member or a course leader, or help organising various activities?</p>		Is a member of a retirement association and has answered YES to the question "Do you participate actively in the activities of the association, for example, is a board member or a course leader, or help organising various activities?".

### Member of at least one association (2014- )

Question in questionnaire	All answer alternatives	Definition
<p>Questions about membership in</p> <p>Trade union</p> <p>Political party</p> <p>Sports or outdoors association</p> <p>Cultural, music, dance, or theatre association</p> <p>Retirement association</p> <p>Other association</p>		<p>Has answered yes to at least one of the following questions:</p> <p>Are you a member of a trade union or employer organisation?</p> <p>Are you a member of a political party?</p> <p>Are you a member of any sports association or outdoors association?</p> <p>Are you a member of any cultural, music, dance or theatre association?</p> <p>Are you a member of any retirement association?</p> <p>Are you a member of any association other than those we mentioned?</p>

### Active in at least one association (2014- )

Question in questionnaire	All answer alternatives	Definition
<p>Questions about participating actively in the activities of the association:</p> <p>Trade union</p> <p>Political party</p> <p>Sports or outdoors association</p>		<p>Is a member in at least one of the listed associations and, for the follow-up question, has answered yes to at least one of the following questions:</p> <p><u>Trade union:</u> Do you participate actively in the activities of the (trade union/employer organisation)</p>

Cultural, music, dance, or  
theatre association

Retirement association

Other association

, for example, do you have a  
commission of trust or do you  
help organise various  
activities?

Political party:

Do you participate actively in  
the activities of the party, for  
example, do you have a  
commission of trust or help to  
organise various activities?

Sports or outdoors

association: Do you  
participate actively in the  
activities of the association,  
such as being a coach or  
leader, or helping to organise  
various activities?

Cultural, music, dance, or  
theatre association:

Do you participate actively in  
the activities of the  
association, for example as a  
choir or theatre leader, or by  
helping to organise various  
activities?

Retirement association:

Do you participate actively in  
the activities of the  
association, for example as a  
board member, as the leader  
of a course or by helping to  
organise various activities?

Other association:

Has answered yes to the  
question "Are you a member  
of some association other  
than those we have  
mentioned?" and has  
answered yes to the follow-up  
question "do you participate  
actively in the activities of the  
association (or one of these  
associations), for example, as  
a board member or by helping  
to organise various  
activities?"

**Meeting with at least one association (2014– )**

Question in questionnaire	All answer alternatives	Definition
Questions about meetings or events with Trade union Political party Other association		Has answered yes to at least one of the following questions:



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In the last 12 months, have you attended a meeting or event organised by a trade union or employer organisation?

In the last 12 months, have you attended a meeting or event organised by a political party?

*This question is asked to those who answered no to the question about meetings with a trade union or political party*  
In the last 12 months, have you attended a meeting or event organised by an association?

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## Employment

### Main activity

Question in questionnaire	All answer alternatives	Definition
Do you work, are you unemployed, studying, retired or something else?		Refers to the interviewee's response to the question: "Do you work, are you unemployed, studying, retired or something else?"

### Gainfully employed

Question in questionnaire	All answer alternatives	Definition
		People whose main activity is work.

### Employees

Question in questionnaire	All answer alternatives	Definition
		People whose main activity is work, and are employed. As a percentage of all gainfully employed persons.

### Self-employed

Question in questionnaire	All answer alternatives	Definition
		People whose main activity is work, and are self-employed or work unpaid in a household member's business. As a percentage of all gainfully employed persons.

### Permanent job

Question in questionnaire	All answer alternatives	Definition
		Employees with a permanent job. As a percentage of all employees.

### Temporary job

Question in questionnaire	All answer alternatives	Definition
		Employees in a fixed-time employment contract, e.g. person deputizing for an absent permanent employee, on-demand worker, trial employment. As a percentage of all employees.

### Full-time

Question in questionnaire	All answer alternatives	Definition
		Weekly working time of 35 hours or more. As a percentage of all gainfully employed persons.

### Part-time

Question in questionnaire	All answer alternatives	Definition
		Weekly working time of less than 35 hours. As a percentage of all gainfully employed persons.

### Usually work daytime only

Question in questionnaire	All answer alternatives	Definition
Do you only work daytime?		Persons who have answered yes to the question: "Do you only work daytime?" (Daytime refers to 06:00-18:00 every day.) As a percentage of all employees.

### Usually work other times than daytime only

Question in questionnaire	All answer alternatives	Definition
Do you only work daytime?		Persons who have answered no to the question: "Do you only work daytime?" (Daytime refers to 06:00-18:00 every day.) As a percentage of all employees.

### Work in shifts or on a schedule

Question in questionnaire	All answer alternatives	Definition
Do you work in shifts or some other type of schedule where working hours are during different times of the day?		Persons who have answered no to the question "Do you only work daytime?" and have thereafter answered yes to the next question: "Do you work shifts or according to some other type of schedule where your working hours are fixed at different times of the day and night?" As a percentage of all employees.



### **Work evenings**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you work any time between 18:00 and 22:00?		Persons who have answered no to the question: "Do you only work daytime?" and then answered yes to the next question: "Do you work between 18:00 and 22:00?" As a percentage of all employees.

### **Work nights**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you work any time between 22:00 and 06:00?		Persons who have answered no to the question: "Do you only work daytime?" and then answered yes to the next question: "Do you work between 22:00 and 06:00?" As a percentage of all employees.

## Finances

### Economic problems (2008–2015)

Question in questionnaire	All answer alternatives	Definition
During the last 12 months, have you ever not been able to pay the fee for your tenant-owned apartment/rental apartment?	Yes No Have no rent	The person being interviewed has answered Yes to one of these three questions
During the last 12 months, have you ever not been able to pay the interest and mortgage on your home?	Yes No Have no interest/mortgage	
During the last 12 months, have you ever not been able to pay the bills for electricity, gas, water, garbage collection or similar?	Yes No No such costs	

### Capacity to face unexpected financial expenses

Question in questionnaire	All answer alternatives	Definition
Would you/your household be able to pay an unexpected expense of SEK 12 000 within one month without borrowing the money or asking for help?	Yes No	The person being interviewed has answered No.

### Severe material deprivation

#### Definition

Material deprivation covers indicators relating to economic strain and durables. Severely materially deprived persons have living conditions severely constrained by a lack of resources, they experience at least 4 out of 9 following deprivations items: cannot afford i) to pay rent or utility bills, ii) keep home adequately warm, iii) face unexpected expenses, iv) eat meat, fish or a protein equivalent every second day, v) a week holiday away from home, vi) a car, vii) a washing machine, viii) a colour TV, or ix) a telephone.

### **Material deprivation**

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#### **Definition**

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The indicator is defined as the percentage of population with an enforced lack of at least three out of nine material deprivation items described above (see Severe Material Deprivation).

### **At-risk-of-poverty or social exclusion**

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#### **Definition**

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The Europe 2020 strategy promotes social inclusion, in particular through the reduction of poverty, by aiming to lift at least 20 million people out of the risk of poverty and social exclusion. This indicator corresponds to the sum of persons who are: at risk of poverty or severely materially deprived or living in households with very low work intensity. Persons are only counted once even if they are present in several sub-indicators. People living in households with very low work intensity are defined as those aged 0-59 living in households where the adults (aged 18-59) work less than 20% of their total work potential during the past year. The indicator Low work intensity can be found in the Statistical database under the label Employment, SILC Households with low work intensity.

### **At-risk-of-poverty**

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#### **Definition**

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At risk-of-poverty are persons with an equivalised disposable income below the risk-of-poverty threshold, which is set at 60 % of the national median equivalised disposable income (after social transfers).

### **In-work at-risk-of-poverty**

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#### **Definition**

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The rate of poverty risk (according to the definitions of at risk of poverty above) among individuals who are 'in-work', meaning individuals who were employed for more than half the reference period.

## Health

### Good health (2014– )

Question in questionnaire	All answer alternatives	Definition
<p>“How do you assess your health in general? Is it very good, good, average, poor or very poor?”</p> <p>From 2012 the question regarding subjective assessment of health is not asked in proxy interviews.</p>		<p>Person has answered “good” or “very good” to the question: “How do you assess your health in general? Is it very good, good, average, poor or very poor?”</p>

### Good health (before 2014)

Question in questionnaire	All answer alternatives	Definition
<p>“How do you assess your general state of health? Is it very good, good, average, poor or very poor?”</p> <p>In Swedish the question is slightly changed from 2012, when one word for “good” is replaced by a more modern Swedish word for “good”. The slight change in wordings is not possible to translate to English.</p> <p>From 2012 the question is not asked in proxy interviews.</p>		<p>Person has answered “good” or “very good” to the question: “How do you assess your general state of health? Is it very good, good, average, poor or very poor?”</p>

### Poor health (2014– )

Question in questionnaire	All answer alternatives	Definition
<p>“How do you assess your health in general? Is it very good, good, average, poor or very poor?”</p> <p>From 2012 the question regarding subjective assessment of health is not asked in proxy interviews.</p>		<p>Person has answered “poor” or “very poor” to the question: “How do you assess your health in general? Is it very good, good, average, poor or very poor?”</p>

### Poor health (before 2014)

Question in questionnaire	All answer alternatives	Definition
How do you assess your general state of health? Is it very good, good, average, poor or very poor?		Person has answered "poor" or "very poor" to the question: "How do you assess your general state of health? Is it very good, good, average, poor or very poor?"
From 2012 the question is not asked in proxy interviews.		

### Long-term illness or health problem (2014– )

Question in questionnaire	All answer alternatives	Definition
"Do you have a chronic or long-term illness or long-term health problem?"		Has answered "yes" to the question: "Do you have a chronic or longterm illness or longterm health problem?"

### Severe problems from a long-term illness

Question in questionnaire	All answer alternatives	Definition
Do you have any chronic or long-term illness or long-term health problem?		Person has some "long-term illness" or "takes medication regularly for something" and illness/problems are "serious or very serious".
Do you regularly take any medication		
Are your complaints, minor, moderate, severe, or very severe?		

### Back pain or hip pain (2014– )

Question in questionnaire	All answer alternatives	Definition
"Do you suffer from pain, ache in back or hip?"		Person has answered "yes" to the question: "Do you suffer from pain, ache in back or hip?"

### Severe pain in back or hips (2014– )

Question in questionnaire	All answer alternatives	Definition
"Do you suffer from pain, ache in back or hip?"		Person has answered "yes" to the question: "Do you suffer from pain, ache in back or hip?"
"Would you say the ailments are severe or minor?"		AND has answered "severe" to the question: "Would you say the ailments are severe or minor?"

### **Serious pain in back or hips (before 2014)**

Question in questionnaire	All answer alternatives	Definition
Do you suffer from pain, ache in back or hip, or sciatica?		Person has answered "severe" to the question about back pain, back ache, hip pain or sciatica.
Are the ailments are severe or minor?		

### **Pain in shoulders or neck (2014– )**

Question in questionnaire	All answer alternatives	Definition
"Do you suffer from ache in neck or shoulders?"		Person has answered "yes" to the question: "Do you suffer from ache in neck or shoulders?"

### **Severe pain in shoulders or neck (2014– )**

Question in questionnaire	All answer alternatives	Definition
"Do you suffer from ache in neck or shoulders?"		Person has answered "yes" to the question: "Do you suffer from ache in neck or shoulders?"
"Would you say the ailments are severe or minor?"		AND has answered "severe" to the question: "Would you say the ailments are severe or minor?"

### **Serious pain in shoulders, neck (before 2014)**

Question in questionnaire	All answer alternatives	Definition
Do you suffer from ache in neck or shoulders?		Person has answered "severe" to the question about pains in shoulders or neck.
Are the ailments are severe or minor?		

### **Pain in arms, hands, legs or feet (2014– )**

Question in questionnaire	All answer alternatives	Definition
"Do you suffer from pain, ache in arms, hands, legs or feet?"		Person has answered "yes" to the question: "Do you suffer from pain, ache in arms, hands, legs or feet?"

### **Severe pain in arms, hands, legs or feet (2014– )**

Question in questionnaire	All answer alternatives	Definition
"Do you suffer from pain, ache in arms, hands, legs or feet?"		Person has answered "yes" to the question: "Do you suffer from pain, ache in arms, hands, legs or feet?"
"Would you say the ailments are severe or minor?"		AND has answered "severe" to the question: "Would you say the ailments are severe or minor?"

### **Serious pain in hands, elbows or knees (before 2014)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you suffer from pain, ache in hands, elbows, legs or knees?		Person has answered "severe" to the question about aches or pains in hands, elbows or knees.
Are the ailments are severe or minor?		

### **Have pain (2014– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
"Do you suffer from pain, ache in back or hip?"		Person has answered "yes" to at least one of three questions about ache or pain: "Do you suffer from pain, ache in back or hip?" "Do you suffer from ache in neck or shoulders?" "Do you suffer from pain, ache in arms, hands, legs or feet?"
"Do you suffer from ache in neck or shoulders?"		
"Do you suffer from pain, ache in arms, hands, legs or feet?"		

### **Have severe pain (2014– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
"Do you suffer from pain, ache in back or hip?"		Person has answered "yes" to at least one of three questions about ache or pain: "Do you suffer from pain, ache in back or hip?" "Do you suffer from ache in neck or shoulders?" "Do you suffer from pain, ache in arms, hands, legs or feet?"
"Do you suffer from ache in neck or shoulders?"		
"Do you suffer from pain, ache in arms, hands, legs or feet?"		
"Would you say the ailments are severe or minor?"		AND answered "severe" to the following question regarding at least one of the aches or pains mentioned above: "Would you say the ailments are severe or minor?"

### **Serious pain (before 2014)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you suffer from pain, ache in back or hip, or sciatica?		Person has answered "severe" to at least one of three questions about aches - aches in shoulders or neck - back pain, back ache, hip pain or sciatica - aches or pains in hands, elbows, legs or knees.
Do you suffer from ache in neck or shoulders?		
Do you suffer from pain, ache in hands, elbows, legs or knees?		
Are the ailments are severe or minor?		

### **Problems of anxiety, worry, fear**

Question in questionnaire	All answer alternatives	Definition
Do you suffer from anxiety, worry or fear?		Person has answered "Yes" to the question about problems of anxiety, worry or fear.

### **Serious problems of anxiety, worry, fear**

Question in questionnaire	All answer alternatives	Definition
Do you suffer from anxiety, worry or fear?		Person has answered "Yes" to the question about problems of anxiety, worry or fear AND answered "severe" to the question if the ailments are severe or minor?
Are the ailments are severe or minor?		

### **Trouble sleeping (2014–)**

Question in questionnaire	All answer alternatives	Definition
"Do you have trouble sleeping?"		Person has answered "yes" to the question "Do you have trouble sleeping?"

### **Trouble sleeping (before 2014)**

Question in questionnaire	All answer alternatives	Definition
Have you had any trouble sleeping during the last two weeks?		Person has answered "Yes" to the question "Have you had any trouble sleeping during the last two weeks? "

### **Severe sleeping problem (2014–)**

Question in questionnaire	All answer alternatives	Definition
"Do you have trouble sleeping?"		Person has answered "yes" to the question "Do you have trouble sleeping?"
"Would you have severe or minor trouble sleeping?"		AND has answered "severe" to the question "Would you have severe or minor trouble sleeping?"

### **Have allergy (2014–)**

Question in questionnaire	All answer alternatives	Definition
"Do you have any allergies?"		Has answered "yes" to the question "Do you have any allergies?"

### Have severe problems with allergy (2014–)

Question in questionnaire	All answer alternatives	Definition
“Do you have any allergies?”		Has answered “yes” to the question “Do you have any allergies?”
Would you say you have serious or minor trouble (from allergies)?		AND has answered “serious trouble” to the follow-up question: Would you say you have serious or minor trouble (from allergies)?

### Have asthma (2014–)

Question in questionnaire	All answer alternatives	Definition
“Do you have asthma?”		Has answered “yes” to the question “Do you have asthma?”

### Have severe problems with asthma (2014–)

Question in questionnaire	All answer alternatives	Definition
Do you have asthma?		Has answered “yes” to the question Do you have asthma?
Would you say you have serious or minor trouble (from asthma)?		AND has answered “serious trouble” to the follow-up question: Would you say you have serious or minor trouble (from asthma)?

### Underweight (BMI lower than 18.5)

Question in questionnaire	All answer alternatives	Definition
How tall are you? How much do you weigh?		Body Mass Index (BMI) is lower than 18.5. BMI is calculated as the ratio between body weight (in kilograms) and the squared body height (in metres) (Weight/(height*height)).

### Normal weight (BMI 18.5–24.99)

Question in questionnaire	All answer alternatives	Definition
How tall are you? How much do you weigh?		Body Mass Index (BMI) is 18.5–24.99. BMI is calculated as the ratio between body weight (in kilograms) and the squared body height (in metres) (Weight/(height*height)).

### **Overweight (BMI 25.0–29.9)**

Question in questionnaire	All answer alternatives	Definition
How tall are you? How much do you weigh?		Body Mass Index (BMI) is 25.0–29.9. BMI is calculated as the ratio between body weight (in kilograms) and the squared body height (in metres) (Weight/(height*height)).

### **Obese (BMI 30.0 or more)**

Question in questionnaire	All answer alternatives	Definition
How tall are you? How much do you weigh?		Body Mass Index (BMI) is 30.0 or more. BMI is calculated as the ratio between body weight (in kilograms) and the squared body height (in metres) (Weight/(height*height)).

### **Overweight or obese (BMI 25.0 or more)**

Question in questionnaire	All answer alternatives	Definition
How tall are you? How much do you weigh?		Body Mass Index (BMI) is 25.0 or more. BMI is calculated as the ratio between body weight (in kilograms) and the squared body height (in metres) (Weight/(height*height)).

### **Average height**

Question in questionnaire	All answer alternatives	Definition
How tall are you?		Average value of length in centimetres.

### **Average weight**

Question in questionnaire	All answer alternatives	Definition
Approximately how much do you weigh?		Average value of weight in kilogrammes.

### **Average BMI**

Question in questionnaire	All answer alternatives	Definition
How tall are you?		Average value of Body Mass Index (BMI).
Approximately how much do you weigh?		BMI is calculated as the ratio between body weight (in kilograms) and the squared body height (in metres) (Weight/(height*height))

### **Diseases of the respiratory system**

Question in questionnaire	All answer alternatives	Definition
The ICD-coding is based on answers from several questions:		Diagnosis according to ICD-9 codes (WHO's classification of



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Do you have any chronic or longterm illness or longterm health problem?

Do you regularly take any medication

What illness/health problem is it?

Follow-up questions, like:  
What symptoms do you have?

diseases). For example, asthma and chronic bronchitis

*From 2012 ICD-coding is based on ICD-10.*

### **Diseases of the circulatory system**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). For example, rheumatic heart disease, myocardial infarction, stroke, blood clots, haemorrhoids, high/low blood pressure.
		<i>From 2012 ICD-coding is based on ICD-10.</i>

### **Heart disease**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). For example, myocardial infarction.
		<i>From 2012 ICD-coding is based on ICD-10.</i>

### **High blood pressure**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). High blood pressure and associated diseases.
		<i>From 2012 ICD-coding is based on ICD-10.</i>

### **Endocrine diseases**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). Endocrine system diseases, nutritional disorders, metabolic diseases and disorders of the immune system. For example, goitre, diabetes and nutritional deficiencies.
		<i>From 2012 ICD-coding is based on ICD-10.</i>

### **Diabetes**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 (WHO's classification of diseases).
		<i>From 2012 ICD-coding is based on ICD-10.</i>

### **Diseases of the skin**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). For example, psoriasis, hives, corns and hardened skin.  <i>From 2012 ICD-coding is based on ICD-10.</i>

### **Diseases of the digestive system**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). For example, appendicitis, liver disease and gallstone disease.  <i>From 2012 ICD-coding is based on ICD-10.</i>

### **Diseases of the nervous system and the sensory organs**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). For example, meningitis, Parkinson's disease, multiple sclerosis, cerebral palsy, epilepsy, migraine, diseases of the eye, hearing loss.  <i>From 2012 ICD-coding is based on ICD-10.</i>

### **Diseases of the musculoskeletal system and connective tissue**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
See "Diseases of the respiratory system"		Diagnosis according to ICD-9 codes (WHO's classification of diseases). For example, rheumatoid arthritis, osteoarthritis, soft tissue rheumatism, periostitis.  <i>From 2012 ICD-coding is based on ICD-10.</i>

**Reduced mobility (2014–)**

Question in questionnaire	All answer alternatives	Definition
Do you have difficulty climbing stairs?	Would you say you have great or some difficulty climbing stairs?	Has answered “yes” to the question Do you have difficulty climbing stairs?
Can you take a short walk for about 5 minutes at a reasonably brisk pace?		AND has answered “great difficulties” to the question Would you say you have great or some difficulty climbing stairs?  AND/OR has answered “no” to the question Can you take a short walk for about 5 minutes at a reasonably brisk pace?
		There is no question in the ULF/SILC whether the respondent uses a wheelchair, but if the respondent tells that in response to the questions about difficulty climbing stairs or takes a walk the interviewer is able to code that as a response alternative – and those respondents are assessed to have reduced mobility.

**Greatly reduced mobility (2014–)**

Question in questionnaire	All answer alternatives	Definition
Do you have difficulty climbing stairs?		Has answered “yes” to the question
Would you say you have great or some difficulty climbing stairs?		Do you have difficulty climbing stairs?
Can you take a short walk for about 5 minutes at a reasonably brisk pace?		AND has answered “great difficulties” to the question Would you say you have great or some difficulty climbing stairs?
Do you use a cane, crutches, walker, wheelchair or the like to move around?		AND/OR has answered “no” to the question Can you take a short walk for about 5 minutes at a reasonably brisk pace?
Do you require assistance by another person to move around?		AND has answered “yes” to at least one of the following two questions: Do you use a cane, crutches, walker, wheelchair or the like to move around? Do you require assistance by another person to move around?
		There is no question in the ULF/SILC whether the respondent uses a wheelchair, but if the respondent tells that in response to the questions about difficulty climbing stairs or takes a walk the interviewer is able to code that as a response alternative – and those respondents are assessed to have reduced mobility.

**Motor disabilities**

Question in questionnaire	All answer alternatives	Definition
Can you run a short distance, say 100 meters, if you are in a hurry?		Not able to run a shorter distance <u>and</u> cannot board a bus without hindrance <u>or</u> take a shorter walk.
Can you get on and off a bus easily?		
Can you take a short walk, say for 5 minutes, at a reasonably brisk pace?		

### Serious motor disabilities

Question in questionnaire	All answer alternatives	Definition
<p><b>Age 16-64:</b></p> <p>Do you use stick(s), walker or wheelchair to move around?</p> <p>Do you require assistance by another person to move around?</p>		Persons who have serious motor disabilities are those with motor disabilities (see above definition) who in addition need help from another person or aids (such as a wheelchair or a cane) to move about.
<p><b>Age 65+:</b></p> <p>Do you use any aid, e.g. stick(s), trestle(s), walker or wheelchair to move around <u>outdoors</u>?</p> <p>Do you use any aid, e.g. stick(s), trestle(s), walker or wheelchair to move around <u>indoors</u>?</p> <p>Do you require assistance by another person to move around outdoors?</p> <p>Do you require assistance by another person to move around indoors?</p>		

### Use hearing aid (2014– )

Question in questionnaire	All answer alternatives	Definition
Do you use a hearing aid?		Has answered yes to the question: Do you use a hearing aid?

### **Impaired hearing (2014– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you use a hearing aid? Do you have impaired hearing, for example difficulty hearing what is said in a conversation between several people?		Has answered yes to at least one of the following questions: Do you use a hearing aid? Do you have impaired hearing, for example difficulty hearing what is said in a conversation between several people?  There is no question in the ULF/SILC whether the respondent is deaf, but if the respondent tells that in response to the questions about hearing the interviewer is able to code that as a response alternative – and those respondents are assessed to have impaired hearing.

### **Impaired hearing**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
<i>2008 – 2011:</i> Do you have problems hearing what is said in a conversation between several persons?		This group includes those who have problems hearing what is said in conversations among several people (Even when using a hearing aid).
<i>2012 – 2013:</i> Do you have problems hearing what is said in a conversation between several people - even if you use aids, such as hearing aid?		

### **Use glasses/lenses (2014– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you use glasses or contact lenses?		Has answered “yes” or “yes, sometimes” to the question Do you use glasses or contact lenses?

### Impaired vision (2014– )

Question in questionnaire	All answer alternatives	Definition
Do you have impaired vision, for example difficulty seeing normal text in a new paper <i>[IF USES GLASSES OR LENSES: even if you use glasses or lenses]?</i>		Has answered "yes" to the question: Do you have impaired vision, for example difficulty seeing normal text in a new paper <i>[IF USES GLASSES OR LENSES: even if you use glasses or lenses]?</i>  There is no question in the ULF/SILC whether the respondent is blind, but if the respondent tells that in response to the questions about vision the interviewer is able to code that as a response alternative – and those respondents are assessed to have impaired vision.

### Impaired vision (2008–2013)

Question in questionnaire	All answer alternatives	Definition
<i>Year 2008 - 2011:</i> Do you have difficulty to see and discern normal text in a newspaper – even if you wear glasses or contact lenses?		This group includes those who, even with glasses/contact lenses have difficulty see and discern a normal text in a newspaper.
<i>Year 2012 - 2013:</i> Do you have difficulty to see and discern normal text in a newspaper <i>[IF YES TO QUESTION ABOUT USING GLASSES / LENSES – even if you wear glasses or contact lenses]?</i>		

### Limited in activities (2014– )

Question in questionnaire	All answer alternatives	Definition
Do you have difficulty participating in activities or handle chores that most others manage?		Has answered yes to the question: Do you have difficulty participating in activities or handle chores that most others manage?
Is it due to your health or something else?		AND has answered that it depends on health to the question Is it due to your health or something else?
Have these difficulties been ongoing for at least six months?		AND has answered yes to the question Have these difficulties been ongoing for at least six months?

### **Seriously reduced activity capacity (severely limited in activities) (2014– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you have difficulty participating in activities or handle chores that most others manage?		Has answered yes to the question: Do you have difficulty participating in activities or handle chores that most others manage?
Is it due to your health or something else?		AND has answered that it depends on health to the question Is it due to your health or something else?
Have these difficulties been ongoing for at least six months?		AND has answered yes to the question Have these difficulties been ongoing for at least six months?
Would you say that you have severe or some difficulties participating in the activity you have difficulties managing?		AND has answered "severe difficulties" to the question Would you say that you have severe or some difficulties participating in the activity you have difficulties managing?

### **Limited in activities due to a health problem (2008–2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
"Do you now have any health problem that has lasted at least six months and as a result, you find it difficult to participate in activities or handle tasks that people generally do?"		Person has answered "yes" to the question: "Do you now have any health problem that has lasted at least six months and as a result, you find it difficult to participate in activities or handle tasks that people generally do?"

### **Doctor appointments during the last 12 months (2014– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you, during the past 12 months, visited a doctor because of own illness?		Has answered "yes" to the question: Have you, during the past 12 months, visited a doctor because of own illness?

### **Doctor appointments during a three-month period**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you, during the past three months, because of own illness visited a doctor?		Person has visited a doctor for his/her own sickness at some time during the three months that preceded the interview.

### **Dentist appointments during a 12-month period**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
When did you last visit a dentist or a dental hygienist?		Person has visited a dentist (or dental hygienist) at some time during the twelve months that preceded the interview.

### **Refrained from medical care despite needs in the past 12 months (2017– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
In the past 12 months, have you been in real need of a medical examination or medical care? Do not include dental care.		Has answered yes to the question <i>In the past 12 months, have you been in real need of a medical examination or medical care? Do not include dental care.</i>
Have you been examined or received care every time you really needed it in the past 12 months?	AND	has answered no to the question <i>Have you been examined or received care every time you really needed it in the past 12 months?</i>

### **Refrained from medical appointment despite needs the past 12 months (2014–2016)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you at any time during the last 12 months really needed medical care but did not seek care?		Has answered "yes" to the question: Have you at any time during the last 12 months really needed medical care but did not seek care?

### **Unmet need for medical care (2008–2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you during the past 12 months ever considered yourself in need of medical care but did not seek medical care?		Person has thought he/she required medical care during the last 12 months but has not sought medical care.

### **Refrained from dental care despite needs in the past 12 months (2017– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
In the past 12 months, have you been in real need of a dental examination or dental care?		Has answered yes to the question <i>In the past 12 months, have you been in real need of a dental examination or dental care?</i>
Have you been examined or received dental care every time you really needed it in the past 12 months?	AND	has answered no to the question <i>Have you been examined or received dental care every time</i>

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*you really needed it in the past  
12 months?*

**Refrained from dental appointment despite needs the past 12 months (2014–2016)**

Question in questionnaire	All answer alternatives	Definition
Have you at any time during the last 12 months really needed dental care but did not seek care?		Has answered "yes" to the question: Have you at any time during the last 12 months really needed dental care but did not seek care?

**Unmet need for dental care (2008–2013)**

Question in questionnaire	All answer alternatives	Definition
Have you during the past 12 months ever considered yourself in need of dental care but did not seek medical care?		Person has thought he/she required dental care during the last 12 months but has not sought dental care.

**Smoke daily**

Question in questionnaire	All answer alternatives	Definition
Do you smoke daily?		Person who has answered "Yes" to the question "Do you smoke daily?"

**Take snuff daily**

Question in questionnaire	All answer alternatives	Definition
Do you take snuff daily?		Person who has answered "Yes" to the question "Do you take snuff daily?"

**Smoke and/or take snuff daily**

Question in questionnaire	All answer alternatives	Definition
Do you smoke daily? Do you take snuff daily?		Person who has answered "Yes" to at least one of the questions "Do you smoke daily?" or "Do you take snuff daily?"

## Housing

### One- or two-dwelling house

Question in questionnaire	All answer alternatives	Definition
Do you live in a detached single family house or one- or two-dwelling house, terraced house or link-attached house, Multi-dwelling building with apartments or in some other type of housing?	One- or two-dwelling house Terraced house or link-attached house Multi-dwelling building Other (that is, other than 5-8) Student housing Rent a room in someone else's home Group dwelling Nursing home/other institution.	The person being interviewed has answered detached single family house/one- or two-dwelling house.

### Multi-dwelling building

Question in questionnaire	All answer alternatives	Definition
Do you live in a detached single family house or one- or two-dwelling house, terraced house or link-attached house, Multi-dwelling building with apartments or in some other type of housing?	One- or two-dwelling house Terraced house or link-attached house Multi-dwelling building Other (that is, other than 5-8) Student housing I rent a room in someone else's home Group dwelling Nursing home/other institution.	The person being interviewed has answered multi-dwelling building.

### Rented dwelling

Question in questionnaire	All answer alternatives	Definition
Interview question: "How do you utilise the dwelling?" One of the alternatives: Rented dwelling with tenancy rights or a sublet, housing provided by employer, rented room (not adjust children living with parents) or some other way. Not institutional housing	Own Rented dwelling Owner-occupied apartment Housing provided by employer Live rent-free Live in housing paid by social services Other	The person being interviewed has answered Rented dwelling

### Owner-occupied apartment

Question in questionnaire	All answer alternatives	Definition
Interview question: "How do you utilise the dwelling?" One of the alternatives: Rented dwelling with tenancy rights or a sublet, housing provided by employer, rented room (not adjust children living with parents) or some other way. Not institutional housing	Own Rented dwelling Owner-occupied apartment Housing provided by employer Live rent-free Live in housing paid by social services Other	The person being interviewed has answered Owner-occupied apartment

### Ownership rights

Question in questionnaire	All answer alternatives	Definition
Interview question: "How do you utilise the dwelling?" One of the alternatives: Rented dwelling with tenancy rights or a sublet, housing provided by employer, rented room (not adjust children living with parents) or some other way. Not institutional housing	Own Rented dwelling Owner-occupied apartment Housing provided by employer Live rent-free Live in housing paid by social services Other	The person being interviewed has answered Owner-occupied apartment

### Overcrowded living conditions according to norm 2

Question in questionnaire	All answer alternatives	Definition
Give the number of rooms. How many persons are there in the dwelling?	State the number of rooms clearly.	Norm 2 defines a household as overcrowded if there are more than two residents per room (bedroom), excluding kitchen and living room. However, this does not apply to single persons, who are not considered to be overcrowded regardless of the number of rooms. Example: according to norm 2, a 4-person household has at least 3 rooms and a kitchen in order not to qualify as overcrowded (1965 Residential building inquiry).

### Cramped living conditions according to norm 3

Question in questionnaire	All answer alternatives	Definition
Give the number of rooms. How many persons are there in the dwelling?	State the number of rooms clearly.	Norm 3 defines a household as overcrowded if there is more than one resident per room (bedroom), excluding kitchen and living room. However, cohabiting adults



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share a bedroom while each child should have its own bedroom. Example: according to norm 3, cohabiting adults in a 4-person household have at least 4 rooms and a kitchen not to be defined as overcrowded (1974 Housing Inquiry).

#### High standard of spaciousness

Question in questionnaire	All answer alternatives	Definition
Give the number of rooms. How many persons are there in the dwelling?	State the number of rooms clearly.	Here, a high standard of spaciousness means that a household has more than one room (bedroom) per resident, excluding kitchen and living room. Example: cohabiting adults in a 4-person household should have at least 6 rooms and a kitchen. Does not apply for persons living in residential institutions.

**Normal standard of spaciousness**

Question in questionnaire	All answer alternatives	Definition
Give the number of rooms. How many persons are there in the dwelling?	State the number of rooms clearly.	Normal standard of spaciousness: 1 resident: 1–2 rooms, 2 residents: 2–3 rooms, room, 8 residents: at least 5 rooms. High standard of spaciousness: More than one room per resident, excluding kitchen and living room.

**Average number of dwellers per 100 room units**

Question in questionnaire	All answer alternatives	Definition
Give the number of rooms. How many persons are there in the dwelling?	State the number of rooms clearly.	The indicator is based on the information about the number of persons and rooms in the dwelling. Here, the kitchen is defined as a room unit. Does not apply for persons living in residential institutions.

## Leisure

### Holiday trips of at least one week during past 12 month period

Question in questionnaire	All answer alternatives	Definition
During the past 12 months have you taken a trip in Sweden or abroad that lasted at least one week? Please include camping holidays, boating holidays or visits to friends and relatives.		YES answer to the interview question: "During the past 12 months have you taken a trip in Sweden or abroad that lasted at least one week? Please include camping holidays, boating holidays or visits to friends and relatives."

### Have access to holiday home

Question in questionnaire	All answer alternatives	Definition
1. Do you own a holiday home, camper or other place to stay during holidays where you can be at least one week per year if you want?		Has answered YES to the question 1: "Do you own a holiday home, camper or other place to stay during holidays where you can be at least one week per year if you want?" or answered YES to the following question 2 "Have you in some other way had access to holiday lodgings (where you can stay at least one week per year if you want)?"
2. Have you in some other way had access to holiday lodgings (where you can stay at least one week per year if you want)?		

### Taken walks in the countryside at least once (—2013)

Question in questionnaire	All answer alternatives	Definition
Have you during the last 12 months taken leisure walks in the forests and fields to experience nature, pick mushrooms or berries? How many times and how often (during the last 12 months)?	1: Several times a week (more than 60 times) 2: A few times a week (21-60 times) 3: A few times a month (6-20 times) 4: A few times during the last three months or less often (1-5 times)	Persons who answered yes to the question "Have you during the last 12 months taken leisure walks in the forests and fields to experience nature, pick mushrooms or berries?" and answered the follow-up question "How many times and how often (during the last 12 months)?" with one of the alternatives 1-4

### **Taken walks in the countryside at least once (2014—2015, 2018)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you during the last 12 months taken leisure walks in the forests and fields to experience nature, pick mushrooms or berries	Answer alternative: “ <i>Several times a week (more than 60 times)</i> ” has been excluded. New answering scale: 1: A few times during the last three months or less often (1-5 times) 2: A few times a month (6-20 times) 3: A few times a week or more often (more than 20 times)	Answers with one of the alternatives 1-3

### **Taken walks in the countryside more than 5 times (—2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you during the past 12 months taken leisure walks in the forests and fields to experience nature, pick mushrooms or berries? How many times and how often (during the last 12 months)?	1: Several times a week (more than 60 times) 2: A few times a week (21-60 times) 3: A few times a month (6-20 times) 4: A few times during the last three months or less often (1-5 times)	Answers with one of the alternatives 1-3

### **Taken walks in the countryside more than 5 times (2014—2015, 2018)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you during the last 12 months taken leisure walks in the forests and fields to experience nature, pick mushrooms or berries	Answer alternative: “ <i>Several times a week (more than 60 times)</i> ” has been excluded. New answering scale: 1: A few times during the last three months or less often (1-5 times) 2: A few times a month (6-20 times) 3: A few times a week or more often (more than 20 times)	Answers with one of the alternatives 2-3

### **Taken walks in the countryside more than 20 times (—2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Have you during the past 12 months taken leisure walks in the forests and fields to experience nature, pick mushrooms or berries? How many times and how often (during the last 12 months)?	1: Several times a week (more than 60 times) 2: A few times a week (21-60 times) 3: A few times a month (6-20 times) 4: A few times during the last three months or less often (1-5 times)	One of the alternatives 1-2

### **No exercise at all in spare time (—2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you exercise without interruption for at least 30 minutes?	1: Basically never. 2: A little now and then 3: About once a week 4: At least twice a week	Persons who answered to the question "Do you exercise without interruption for at least 30 minutes" as follows 1: Basically never.

### **Exercise at least once (—2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you exercise without interruption for at least 30 minutes?	1: Basically never. 2: A little now and then 3: About once a week 4: At least twice a week	Persons who answered to the question "Do you exercise without interruption for at least 30 minutes" with one of the alternatives 2–4.

### **Regular exercise at least once a week (—2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you exercise without interruption for at least 30 minutes?	1: Basically never. 2: A little now and then 3: About once a week 4: At least twice a week	Persons who answered with one of the alternatives 3–4.

### **Exercise at least twice a week (—2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you exercise without interruption for at least 30 minutes?	1: Basically never. 2: A little now and then 3: About once a week 4: At least twice a week	Persons who answered with the alternative 4.

**Taken part in outdoor sports/indoor sports during last 12 months. Category A: at least once, B: more than 5 times, C: more than 20 times (2008–2013, 2014–2015, 2018), D: more than 60 times (2008–2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Q1: Have you taken part in <b>outdoor</b> sports during the last 12 months?</p> <p><b>2008–2015:</b> Q2: Have you taken part in <b>an indoor facility</b> sport activity during the last 12 months?</p> <p><b>2018– :</b> Q2: Have you taken part in an <b>indoor</b> sport activity during the last 12 months?</p> <p>Q3: How many times or how often (during the last 12 months)?</p>	<p><b>2008–2013:</b> 1: Several times a week (more than 60 times) or 2: More or less once a week (21-60 times) or 3: A few times a month (6-20 times) or 4: A few times during the last three months or less often (1-5 times)</p> <p>In 2014 the answer alternative: "Several times a week (more than 60 times)" was excluded, and for the Q3 follow-up-question the answering alternatives were reversed.</p> <p><b>2014–2015, 2018:</b> 1: A few times during the last three months or less often (1-5 times) 2: A few times a month (6-20 times) 3: More or less once a week or more often (more than 20 times)</p>	<p>Persons who answered yes to the Q1-question Have you taken part in outdoor sports during the last 12 months? and answered the follow-up question How many times or how often for category A have answered with one of the alternatives 1–4. For B: one of the alternatives 1–3. For C: one of the alternatives 1–2. For D: answer alternative 1</p> <p>In 2018 the answer alternatives were set up in reverse order: A: one of the alternatives 1–3. B: one of the alternatives 2–3. C: answer alternative 3.</p> <p>The above definitions for Q1 outdoor sports corresponds to questions Q2 2014–2015, indoor facility sport activity, and Q2 2018–: indoor sport activity.</p>

**Been to the theatre, a concert, museum or similar at least 1 time during last 12 months (—2013, 2018)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you during the last 12 months been to the theatre, a concert, museum or similar cultural event? How many times or how often (during the last 12 months)?</p>	<p>1: Several times a week (more than 60 times) or 2: A few times a week (21-60 times) or 3: A few times a month (6-20 times) or 4: A few times during the last three months or less often (1-5 times)</p>	<p>Persons who answered yes to the question "Have you taken part in outdoor sports during the last 12 months?" and answered the follow-up question "How many times or how often (during the last 12 months)" have answered with one of the alternatives 1-4</p>

**Been to the theatre, a concert, museum or similar more than 5 times during last 12 months (—2013, 2018)**

Question in questionnaire	All answer alternatives	Definition
Have you during the last 12 months been to the theatre, a concert, museum or similar cultural event? How many times or how often (during the last 12 months)?	1: Several times a week (more than 60 times) or 2: A few times a week (21-60 times) or 3: A few times a month (6-20 times) or 4: A few times during the last three months or less often (1-5 times)	Persons who answered yes to the question "Have you during the last 12 months been to the theatre, a concert, museum or similar cultural event?" and answered the follow-up question "How many times or how often (during the last 12 months)" have answered with one of the alternatives 1–3.

**Been to the theatre, a concert, museum or similar more than 20 times during last 12 months (—2013, 2018)**

Question in questionnaire	All answer alternatives	Definition
Have you during the last 12 months been to the theatre, a concert, museum or similar cultural event? How many times or how often (during the last 12 months)?	1: Several times a week (more than 60 times) or 2: A few times a week (21-60 times) or 3: A few times a month (6-20 times) or 4: A few times during the last three months or less often (1-5 times)	Persons who have answered with one of the alternatives 1–2.

**Been to a live performance: theatre, concert, opera, dance at least 1 time during last 12 months (2014—2015))**

Question in questionnaire	All answer alternatives	Definition
Have you during the last 12 months been to a live performance such as theatre plays, concerts, operas, ballets or other dance performances? How many times or how often (during the last 12 months)?	If Yes: How many times? 1: 1-3 times 2: more than 3 times	Persons who have answered with one of the alternatives 1–2.

**Read books every week**

Question in questionnaire	All answer alternatives	Definition
Have you during the last 12 months read books during your spare time?" (not audio books) Have you read books by and large every week or less often?	1: Every week (one or more times) 2: Less often	Persons who answered YES to the question "Have you read books during your spare time during the last 12 months?" (not audio books) and answered alternative 1 to the follow-up question "Have you listened to audio books by and large every week or less often?":

### Never read books

Question in questionnaire	All answer alternatives	Definition
Have you read books during your spare time during the last 12 months? (Not audio books)		Persons who answered NO to the question "Have you read books during your spare time during the last 12 months?" (Not audio books)

### Read fiction every week (—2013)

Question in questionnaire	All answer alternatives	Definition
Have you during the last 12 months read fiction during your spare time? (novels, crime stories, short stories etc.) Have you read these books by and large every week or less often?	1: Every week (one or more times) 2: Less often	Persons who answered YES to the question "Have you read fiction during your spare time during the last 12 months?" (novels, crime stories, short stories etc.) and answered alternative 1 to the follow-up question "Have you read these books by and large every week or less often?"

### Listened to audio books every week (—2013)

Question in questionnaire	All answer alternatives	Definition
Have you listened to audio books during your spare time during the last 12 months?" (novels, crime stories, short stories etc.) Have you listened by and large every week or less often?	1: Every week (one or more times) 2: Less often	Persons who answered YES to the question "Have you listened to audio books during your spare time during the last 12 months?" (novels, crime stories, short stories etc.) and answered alternative 1 to the follow-up question "Have you listened to audio books by and large every week or less often?"

### Listened to audio books (2014—2015)

Question in questionnaire	All answer alternatives	Definition
Have you listened to audio books during your spare time during the last 12 months?" (novels, crime stories, short stories etc.)	1: Yes 2: No	Persons who answered YES to the question

### Access to computers in the home

Question in questionnaire	All answer alternatives	Definition
Do you have access to a computer at home?		Persons who have answered yes to the question: "Do you have access to a computer at home?"

### Access to the Internet in the home

Question in questionnaire	All answer alternatives	Definition
Do you have access to the Internet at home?		Persons who have answered yes to the question: "Do you have access to the Internet at home?"

**Use computers in spare time at least once (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used a computer in your spare time during the last 12 months? (NOTE: not necessarily your own computer)	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year)	Alternative 1–4
How many times or how often (during the last 12 months)?		

**Use a computer in your spare time once a week or more (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used a computer in your spare time during the last 12 months? (NOTE: not necessarily your own computer)	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year)	Alternative 1–3
How many times or how often (during the last 12 months)?		

**Use a computer in your spare time several times a week or every day (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used a computer in your spare time during the last 12 months? (NOTE: not necessarily your own computer)	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year)	Alternative 1–2
How many times or how often (during the last 12 months)?		

**Use computers in spare time at least once (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used a computer in your spare time during the last 12 months? (NOTE: not necessarily your own computer)	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year)	Alternative 1
How many times or how often (during the last 12 months)?		

**Have used the Internet at least some time in spare time to search for something, download things, look at pictures or listen to music (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: At some time during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO", the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?"</p> <p>Alternatives 1-5</p>

**Used the Internet in spare time once a month or more often search for something, download things, look at pictures or listen to music (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?"</p> <p>Alternatives 1-4</p>

**Used the Internet once a week or more often in spare time to search for something, download things, look at pictures or listen to music (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?"</p> <p>Alternatives 1-3</p>

**Used the Internet in spare time several times a week or more often to search for something, download things, look at pictures or listen to music (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?"</p> <p>Alternatives 1-2</p>

**Have used the Internet every day in spare time to search for something, download things, look at pictures or listen to music (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?"</p> <p>Alternative 1</p>

**Have used the Internet at least some time in spare time to be in touch directly with others by chatting, playing on-line games or similar (not e-mail) (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?"</p> <p>Alternatives 1-5</p>

**Used the Internet in spare time once a month or more often to be in touch directly with others by chatting, playing on-line games or similar (not e-mail) (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?"</p> <p>Alternatives 1-4</p>

**Used the Internet once a week or more often in spare time to be in touch directly with others by chatting, playing on-line games or similar (not e-mail) (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?"</p> <p>Alternatives 1-3</p>

**Used the Internet in spare time several times a week or more often to be in touch directly with others by chatting, playing on-line games or similar (not e-mail) (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?" Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never	Persons who have answered YES to the question "Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?" If the answer is "YES" the following question is asked: "Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" Alternatives 1-2

**Have used the Internet every day in spare time to be in touch directly with others by chatting, playing on-line games or similar (not e-mail) (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?" Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never	Persons who have answered YES to the question "Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?" If the answer is "YES" the following question is asked: "Even if you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" Alternative 1

**Have used the Internet at least some time in spare time to pay bills, make reservations, order or buy something on the Internet (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: " How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?"</p> <p>Alternatives 1-5</p>

**Used the Internet in spare time once a month or more often to pay bills, make reservations, order or buy something on the Internet (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: " How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?"</p> <p>Alternatives 1-4</p>

**Used the Internet in spare time once a month or more often to pay bills, make reservations, order or buy something on the Internet (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?"</p> <p>Alternatives 1-3</p>

**Used the Internet in spare time several times a week or more often to pay bills, make reservations, order or buy something on the Internet (—2013)**

Question in questionnaire	All answer alternatives	Definition
<p>Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?</p>	<p>1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never</p>	<p>Persons who have answered YES to the question</p> <p>"Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?"</p> <p>If the answer is "YES" the following question is asked: "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?"</p> <p>Alternatives 1-2</p>

**Have used the Internet every day in spare time to pay bills, make reservations, order or buy something on the Internet (—2013)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?" How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never	Persons who have answered YES to the question "Have you used the Internet in your spare time during the last 12 months?" (NOTE: not necessarily the Internet on your own computer). If the answer is "NO" the question is followed by a clarification: "Even if you have not used a computer, have you used the Internet e.g. via a mobile phone in your spare time during the last 12 months?" If the answer is "YES" the following question is asked: "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?" Alternative 1

**Have used the Internet at least some time in spare time (—2013)**

Question in questionnaire	All answer alternatives	Definition
	1: Every day (by and large) 2: Several times a week 3: A few times a week (21-60 times/year) 4: A few times a month or less often (1-6 times/year) 5: A few times during the last three months or less often 6: Never	To estimate the frequency of Internet use in total, the above three questions have been counted together: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?" or "If you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" or "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?" Alternatives 1-5

**Used the Internet in spare time once a month or more often (—2013)**

Question in questionnaire	All answer alternatives	Definition
	1: Every day (by and large)	To estimate the frequency of Internet use in total, the above three questions have been counted together: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?" or "If you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" or "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?" Alternatives 1-4
	2: Several times a week	
	3: A few times a week (21-60 times/year)	
	4: A few times a month or less often (1-6 times/year)	
	5: A few times during the last three months or less often	
	6: Never	

**Used the Internet in spare time once a week or more often (—2013)**

Question in questionnaire	All answer alternatives	Definition
	1: Every day (by and large)	To estimate the frequency of Internet use in total, the above three questions have been counted together: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?" or "If you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" or "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?" Alternatives 1-3
	2: Several times a week	
	3: A few times a week (21-60 times/year)	
	4: A few times a month or less often (1-6 times/year)	
	5: A few times during the last three months or less often	
	6: Never	

**Used the Internet in spare time several times a week or more often (—2013)**

Question in questionnaire	All answer alternatives	Definition
	1: Every day (by and large)	To estimate the frequency of Internet use in total, the above three questions have been counted together: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?" or "If you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" or "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?" Alternatives 1-2
	2: Several times a week	
	3: A few times a week (21-60 times/year)	
	4: A few times a month or less often (1-6 times/year)	
	5: A few times during the last three months or less often	
	6: Never	

**Have used the Internet every day in spare time (—2013)**

Question in questionnaire	All answer alternatives	Definition
	1: Every day (by and large)	To estimate the frequency of Internet use in total, the above three questions have been counted together: "How often do you go on the Internet to search for something, download things, look at pictures or listen to music (in your spare time)?" or "If you don't count e-mail, how often do you keep in touch with others by chatting, playing on-line games or similar (in your spare time)?" or "How often do you pay bills, make reservations, order or buy something on the Internet (in your spare time)?" Alternative 1
	2: Several times a week	
	3: A few times a week (21-60 times/year)	
	4: A few times a month or less often (1-6 times/year)	
	5: A few times during the last three months or less often	
	6: Never	

**Have not used the Internet in spare time (2014—2015)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months? (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone or tablet in your spare time during the last 12 months?"	1: Yes 2: No	Persons who answered NO to the question

**Have used the Internet at least some time in spare time (2014—2015)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months? (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone or tablet in your spare time during the last 12 months?"	1: Every day 2: Every week 3: A few times a month 4: Less often	Persons who have answered YES to the question "Have you used the Internet in your spare time during the last 12 months?" and answered alternative 1-4 to the follow-up question "How often do you go on the Internet in your spare time?"

**Have used the Internet once a month or more often in spare time (2014—2015)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months? (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone or tablet in your spare time during the last 12 months?"	1: Every day 2: Every week 3: A few times a month 4: Less often	Persons who have answered YES to the question "Have you used the Internet in your spare time during the last 12 months?" and answered alternative 1-3 to the follow-up question "How often do you go on the Internet in your spare time?"

**Have used the Internet once a week or more often in spare time (2014—2015)**

Question in questionnaire	All answer alternatives	Definition
Have you used the Internet in your spare time during the last 12 months? (NOTE: not necessarily the Internet on your own computer). Even if you have not used a computer, have you used the Internet e.g. via a mobile phone or tablet in your spare time during the last 12 months?"	1: Every day 2: Every week 3: A few times a month 4: Less often	Persons who have answered YES to the question "Have you used the Internet in your spare time during the last 12 months?" and answered alternative 1-2 to the follow-up question ""How often do you go on the Internet in your spare time?"

**Use the Internet to pay bills (2014—2015)**

Question in questionnaire	All answer alternatives	Definition
Do you (or your partner) usually pay bills on the Internet?	1: Yes 2: No.	Persons who have answered YES to the question. (internet on any computer mobile phone, tablet or other internet tool.)

**Use the Internet to make reservations, order or buy something (2014—2015)**

Fråga i enkäten	Samtliga svarsalternativ	Definition
Do you use to use the Internet for making reservations, ordering or buying something?	1: Yes 2: No.	Persons who have answered YES to the question. (internet on any computer mobile phone, tablet or other internet tool.)

**Participate in social networking sites (2014—2015)**

Fråga i enkäten	Samtliga svarsalternativ	Definition
Do you participate in any social networking site on the internet, such as Facebook, Instagram, Twitter, My Space or likewise?	1: Yes 2: No.	Persons who have answered YES to the question. (internet on any computer mobile phone, tablet or other internet tool.)

**Active on social networks on the Internet daily (2016–2018)**

Question in questionnaire	All answer alternatives	Definition
About how often do you participate actively in some social network on the Internet, for example, Facebook, Instagram, Twitter or similar?	1 Every day 2 Every week (but not daily) 3 A few times a month (but not every week) 4 Once a month 5 At least once a year (but more seldom than once a month) 6 More seldom than once a year 7 Never	Persons who selected "1 Every day". Social networks on the internet also include discussion forums and chat rooms. Active participation means not just being part of the network, but also participating and contributing to discussions by, for example, writing comments or posting pictures

**Active on social networks on the Internet at least every month (2016–2018)**

Question in questionnaire	All answer alternatives	Definition
About how often do you participate actively in some social network on the Internet, for example, Facebook, Instagram, Twitter or similar?	1 Every day 2 Every week (but not daily) 3 A few times a month (but not every week) 4 Once a month 5 At least once a year (but more seldom than once a month) 6 More seldom than once a year 7 Never	Persons who selected one of the answer alternatives 1–4. Social networks on the internet also include discussion forums and chat rooms. Active participation means not just being part of the network, but also participating and contributing to discussions by, for example, writing comments or posting pictures

## Material assets

### Have access to a holiday home

Question in questionnaire	All answer alternatives	Definition
1. Do you own a holiday home, camper or other place to stay during holidays where you can be at least one week per year if you want?		Has answered YES to the question 1: "Do you own a holiday home, camper or other place to stay during holidays where you can be at least one week per year if you want?" or answered YES to the following question 2 "Have you in some other way had access to holiday lodgings (where you can stay at least one week per year if you want)?"
2. Have you in some other way had access to holiday lodgings (where you can stay at least one week per year if you want)?		

### Access to a computer in the home

Question in questionnaire	All answer alternatives	Definition
Do you have access to a computer at home?	Yes No	The person being interviewed has answered YES.

### Access to the Internet in the home

Question in questionnaire	All answer alternatives	Definition
Do you have access to the Internet at home?	Yes No	The person being interviewed has answered YES.

### Access to a car

Question in questionnaire	All answer alternatives	Definition
Do you or does anyone else in the household have access to a car?	Yes No	The person being interviewed has answered YES.

## Security

### Subjected to threats or violence (2016– )

Question in questionnaire	All answer alternatives	Definition
During the last 12 months, have you been subjected to ...		The person being interviewed has answered "yes" to one of the following questions:
... violence that led to injuries that forced you to seek medical care or dental care?		"During the last 12 months, have you been subjected to ... violence that led to injuries that forced you to seek medical care or dental care?"
... violence that did not require medical care or dental care?		"... violence that did not require medical care or dental care?"
... threats of violence or other threats that were so serious that you were frightened?		"... threats of violence or other threats that were so serious that you were frightened?"

### Subjected to threats or violence (2008–2013)

Question in questionnaire	All answer alternatives	Definition
During the last 12 months, have you been subjected to ...		The person being interviewed has answered "yes" to one of the following questions:
... violence that led to injuries that forced you to seek medical care or dental care?		"During the last 12 months, have you been subjected to ... violence that led to injuries that forced you to seek medical care or dental care?"
... violence that led to visible marks or injuries that did not require medical care or dental care?		"... violence that led to visible marks or injuries that did not require medical care or dental care?"
... violence that did not lead to visible marks or injuries?		"... violence that did not lead to visible marks or injuries?"
... threats of violence or other threats that were so serious that you were frightened?		"... threats of violence or other threats that were so serious that you were frightened?"

### Subjected to threats

Question in questionnaire	All answer alternatives	Definition
During the last 12 months, have you been subjected to threats of violence or other threats that were so serious that you were frightened?		The person being interviewed has answered "yes" to the following question: "During the last 12 months, have you been subjected to threats of violence or other threats that were so serious that you were frightened?"

### **Subjected to violence (2016– )**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
During the last 12 months, have you been subjected to ...		The person being interviewed has answered "yes" to one of the following questions:
... violence that led to injuries that forced you to seek medical care or dental care?		"During the last 12 months, have you been subjected to ... violence that led to injuries that forced you to seek medical care or dental care?"
... violence that did not require medical care or dental care?		"... violence that did not require medical care or dental care?"

### **Subjected to violence (2008–2013)**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
During the last 12 months, have you been subjected to ...		The person being interviewed has answered "yes" to one of the following questions:
... violence that led to injuries that forced you to seek medical care or dental care?		"During the last 12 months, have you been subjected to ... violence that led to injuries that forced you to seek medical care or dental care?"
... violence that led to visible marks or injuries that did not require medical care or dental care?		"... violence that led to visible marks or injuries that did not require medical care or dental care?"
... violence that did not lead to visible marks or injuries?		"... violence that did not lead to visible marks or injuries?"

### **Subjected to violence that required medical treatment**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
During the last 12 months, have you been subjected to violence that led to injuries that forced you to seek medical care or dental care?		The person being interviewed has answered "yes" to the following question: "During the last 12 months, have you been subjected to violence that led to injuries that forced you to seek medical care or dental care?"

### **Subjected to threats or violence at home or at another person's home**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
		During the last 12 months the person has been subjected to threats or violence (see definition of this indicator) at home or at another person's home.

**Subjected to threats or violence at one's workplace**

Question in questionnaire	All answer alternatives	Definition
		<p>During the last 12 months the person has been subjected to threats or violence (see definition of this indicator) at one's workplace</p> <p>Gainfully employed persons aged 16-64 years.</p>

**Subjected to threats or violence in a public place**

Question in questionnaire	All answer alternatives	Definition
		<p>During the last 12 months the person has been subjected to threats or violence (see definition of this indicator):</p> <ul style="list-style-type: none"> <li>- on a train, bus, metro or station</li> <li>- in a restaurant, nightclub or other place of entertainment</li> <li>- in a street, at a market or other public place.</li> </ul>

**Refrained from going out**

Question in questionnaire	All answer alternatives	Definition
<p>During the last 12 months, have you refrained from going out in the evening for fear of being assaulted or in some other way threatened?</p>		<p>Person has answered "yes" to the question:</p> <p>"During the last 12 months, have you refrained from going out in the evening for fear of being assaulted or in some other way threatened?"</p>

## Social relations

### Single person living alone

Question in questionnaire	All answer alternatives	Definition
		Persons who live completely alone, without children, parents, partners, relatives, friends or other persons.

### Have one's own family

Question in questionnaire	All answer alternatives	Definition
		To have one's own family in this case means that one has a husband/wife/partner and/or children under age 18 in the household.

### Social contact with near relatives every week

Question in questionnaire	All answer alternatives	Definition
		Persons who answered that they usually meet and are with a close relative once or more a week. A close relative is a parent, sibling or child that one does not live with.

### Weekly social time with friends

Question in questionnaire	All answer alternatives	Definition
		Persons who answered "once or more every week" to the question "How often do you meet and are with other relatives, friends or acquaintances?". Since 2008, colleagues (if socialising outside the job) and neighbours (if they socialise with each other) are not explicitly mentioned in the question as in former years, but socialising with colleagues and neighbours still counts. Parents, siblings and children are not included. The new definition means that comparisons with previous years cannot be made.

**No social time with close relatives**

Question in questionnaire	All answer alternatives	Definition
		Persons who sometime during the quarter or less often socialise with close relatives, that is, parents, children or siblings outside the household

**Have no close friends**

Question in questionnaire	All answer alternatives	Definition
		Persons who answered "NO" to the question "If you don't count your husband/wife/partner, do you have a close friend who you can talk to about anything?".

**Have felt lonely all the time or most of the time during the last 4 weeks**

Question in questionnaire	All answer alternatives	Definition
How much of the time over the last four weeks have you been feeling lonely?	1 All of the time 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time	Persons who selected one of the answer alternatives 1–2.

**Have felt lonely all the time during the last 4 weeks**

Question in questionnaire	All answer alternatives	Definition
How much of the time over the last four weeks have you been feeling lonely?	1 All of the time 2 Most of the time 3 Some of the time 4 A little of the time 5 None of the time	Persons who selected the answer alternative 1.

## Work environment

### Physically strenuous work

Question in questionnaire	All answer alternatives	Definition
Is your work physically strenuous?		Persons who have answered YES to the question "Is your work physically strenuous?" As a percentage of all gainfully employed persons.

### Physically exhausted after work every week

Question in questionnaire	All answer alternatives	Definition
Do you sometimes feel physically exhausted when you come home from work?		Persons who answered YES to the question "Do you sometimes feel physically exhausted when you come home from work?" and answered the follow-up question on how often, with "every day (by and large)" or "at least once a week". As a percentage of all gainfully employed persons.

### Heavy lifting in daily work

Question in questionnaire	All answer alternatives	Definition
Do you have to do heavy lifting in your work?		Persons who have answered yes to the question "Do you have to do heavy lifting in your work?" and in the follow-up question answered that they do heavy lifting every day. As a percentage of all gainfully employed persons.

### Strong shaking or vibrations in work

Question in questionnaire	All answer alternatives	Definition
Are you exposed to violent shaking or vibrations in your work?		Persons who have answered yes to the question: "Are you exposed to violent shaking or vibrations in your work?" As a percentage of all gainfully employed persons.

### Repeated and monotonous movements in work

Question in questionnaire	All answer alternatives	Definition
Does your work involve many repetitive and monotonous movements?		Persons who have answered yes to the question "Does your work involve many repetitive and monotonous movements?" As a percentage of all gainfully employed persons.

### Noise in work

Question in questionnaire	All answer alternatives	Definition
Is your workplace noisy?		Persons who have answered yes to the question: "Is your workplace noisy?" As a percentage of all gainfully employed persons.

### Sedentary work

Question in questionnaire	All answer alternatives	Definition
Is your work far too sedentary?		Persons who have answered yes to the question: "Is your work far too sedentary?" As a percentage of all gainfully employed persons.

### Satisfied/Dissatisfied with current job

Question in questionnaire	All answer alternatives	Definition
On the whole, how satisfied are you with your current job?		Based on the following question: "On the whole, how satisfied are you with your current job?" Answer alternatives: Very satisfied, quite satisfied, neither satisfied nor dissatisfied, quite dissatisfied, very dissatisfied. As a percentage of all gainfully employed persons.

### Accident at work during past 12 months

Question in questionnaire	All answer alternatives	Definition
Have you had an accident at work during the past 12 months?		Persons who have answered yes to the question "Have you had an accident at work during the past 12 months?" As a percentage of all gainfully employed persons.

### Opportunities to learn new things at work

Question in questionnaire	All answer alternatives	Definition
Do you have good opportunities to learn new things at work?		Persons who have answered yes to the question: "Do you have good opportunities to learn new things at work?" As a percentage of all gainfully employed persons.

### **Mentally exhausted after work every week**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Do you sometimes feel mentally exhausted when you come home from work?		Persons who answered YES to the question "Do you sometimes feel mentally exhausted when you come home from work?" and answered the follow-up question on how often, with "every day (by and large)" or "at least once a week?". As a percentage of all gainfully employed persons.

### **Often work under time pressure**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Does your work involve often working under time pressure?		Persons who have answered yes to the question: "Does your work involve often working under time pressure?" As a percentage of all gainfully employed persons.

### **Mentally strenuous work**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Is your work mentally strenuous?		Persons who have answered yes to the question: "Is your work mentally strenuous?" As a percentage of all gainfully employed persons.

### **Monotonous work**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
Is your work monotonous?		Persons who have answered yes to the question: "Is your work monotonous?" As a percentage of all gainfully employed persons.

### **Every week too little time to do your work**

<b>Fråga i enkäten</b>	<b>Samtliga svarsalternativ</b>	<b>Definition</b>
How often do you have too little time to do your working tasks?		Persons who in response to the question "How often do you have too little time to do your working tasks?" have answered "basically every day" or "at least once a week".

### **Every week difficult to combine work with family and leisure time**

<b>Fråga i enkäten</b>	<b>Samtliga svarsalternativ</b>	<b>Definition</b>
How often is it difficult to combine work with your family and leisure-time?		Persons who in response to the question "How often is it difficult to combine work with your family and leisure-time?" answered "basically every day" or "at least once a week". As a percentage of all gainfully employed persons.

### **Every week difficult to forget about work in your free time**

<b>Fråga i enkäten</b>	<b>Samtliga svarsalternativ</b>	<b>Definition</b>
How often do you find it difficult to forget about work when you are free?		Persons who in response to the question "How often do you find it difficult to forget about work when you are free?" answered "basically every day" or "at least once a week". As a percentage of all gainfully employed persons.

### **Have contact with work during leisure time every week**

<b>Fråga i enkäten</b>	<b>Samtliga svarsalternativ</b>	<b>Definition</b>
1. Have you in the past 12 months been contacted about work by telephone in your leisure time?		Persons who have answered yes to at least one of the questions 1 and 2 on the left and to the question "How often" have answered "At least once a week". As a percentage of all gainfully employed persons.
2. Have you in the past 12 months read email about work in your leisure time?		

### **Not able to influence planning of work**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
To what extent do you have influence over your work planning?	No influence Some influence Great influence	Persons who in response to the question: "To what extent do you have influence over your work planning?" have answered "no influence". As a percentage of all employees.

### **Not able to influence pace of work**

<b>Question in questionnaire</b>	<b>All answer alternatives</b>	<b>Definition</b>
To what extent do you have influence over the pace of your work?	No influence Some influence Great influence	Persons who in response to the question: "To what extent do you have influence over the pace of your work?" have answered "no influence". As a percentage of all employees.

### Not able to influence distribution of working hours

Question in questionnaire	All answer alternatives	Definition
To what extent do you have influence over how your working hours are distributed?	No influence Some influence Great influence	Persons who in response to the question: "To what extent do you have influence over how your working hours are distributed?" have answered "no influence".  As a percentage of all employees.

### Not able to influence distribution of holidays

Question in questionnaire	All answer alternatives	Definition
To what extent do you have influence over when you can take your holiday?	No influence Some influence Great influence	Persons who in response to the question: "To what extent do you have influence over when you can take your holiday?" have answered "no influence".  As a percentage of all employees.

### Not able to influence distribution of place for work

Question in questionnaire	All answer alternatives	Definition
To what extent do you have influence over where you do your work - at the workplace, at home or somewhere else?	No influence Some influence Great influence	Persons who in response to the question "To what extent do you have influence over where you do your work - at the workplace, at home or somewhere else? Have answered "no influence".  As a percentage of all employees.

### Support and help at work

Fråga i enkäten	Samtliga svarsalternativ	Definition
1. If you need it, is support and help available from your work colleagues?		Based on questions 1 and 2 on the left.  As a percentage of all employees.
2. If you need it, is support and help available from your most immediate boss?		